



## IMPACTS FROM 2024

Last year, your donations and time helped LIFT-UP provide fresh, healthy, and nutritious food, using creative delivery methods that resulted in LIFT-UP serving over **188,020 guests**.

*Thank You!*

### HEALTHY OPTIONS

Our Farm to Food Pantry program focuses on procuring fresh and sustainable food from local farmers and ranchers, with an emphasis on inclusivity in the community of food growers we support.

### PANTRIES OF CHOICE

LIFT-UP operates six fixed food pantries, providing essential access to nutritious food resources for individuals and families facing food scarcity. To extend our reach, we have established nine drive-thru grocery distribution locations, ensuring convenience for community members in need. We also offer hot meals to individuals and families facing food insecurity in our Extended Table program, operating out of several locations.

### EXPANDING OUR REACH

Thanks to the generosity of donors like you, LIFT-UP is able to finally debut our mobile pantries, to serve our community from Parachute to Aspen and reach all our neighbors living in remote and underserved communities.

### SUPPORTING THE MOST VULNERABLE

We offer food specifically tailored to meet the dietary needs of senior citizens and provide emergency food bags to individuals with limited cooking facilities, bridging gaps in access to food during crises.



"When I first started with my position at Grand River Health, I knew that I wanted to help our patients leave the facility safer and better than they came. Not an easy task. One of the biggest challenges for some was food. LIFT-UP and Grand River were able to collaborate and start a 72-hour food bag program. This has helped with re-admits; our homeless population are not coming in as often over-utilizing the emergency department. The program has helped us with our patient's food insecurity issues that can often cause other health issues."

*Denise Dion*

Grand River Hospital and Medical Center

Every decision made at the executive level is based on the increasing needs of our guests and communities.

We are proud to rise to the occasion and support our community when they need it most.

**OVER 841,157 LBS OF FOOD WAS DISTRIBUTED BY LIFT-UP**  
Every guest received approximately 4 lbs of food per visit.



The work of our small but mighty **15-member staff** is exponentially expanded by the commitment of nearly **250 volunteers** who provide over **10,000 hours of support!**



LIFT-UP believes access to fresh, healthy, and sustainable food provides hope and empowerment for those dealing with food insecurity and helps to strengthen our community.

Donate • Volunteer • Share Our Story

**GET INVOLVED!**

**JOIN US IN THE FIGHT TO END HUNGER IN OUR COMMUNITY**

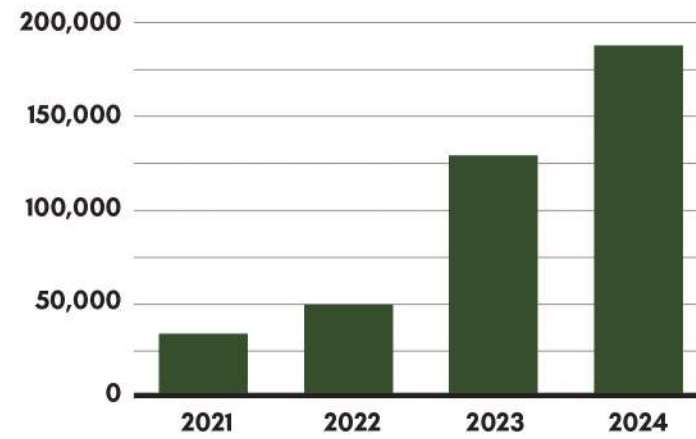


f @liftupColorado    @liftup\_org    www.liftup.org

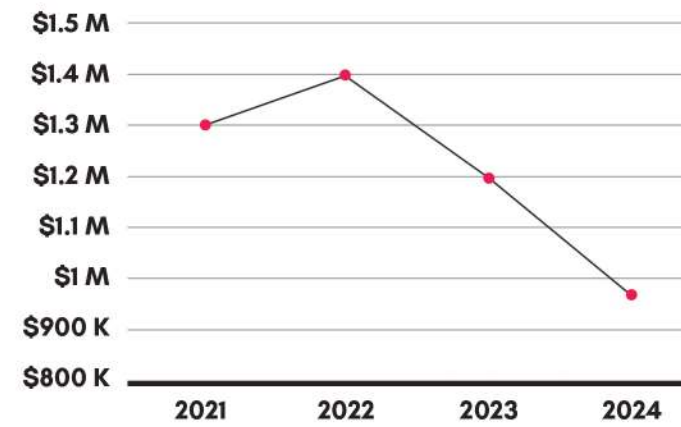


# IMPACTS FROM 2024

## GUEST VISITS



## UNRESTRICTED FUNDS RAISED



The need in our region is increasing, and our guest numbers have grown exponentially. We need YOUR help to meet this growing demand and feed our neighbors.



New **LIFT-UP** Headquarters



In 2024, LIFT-UP moved into a centrally-located food distribution center in **Glenwood Springs** to expand our reach in the communities we serve.

**LIFT-UP Headquarters**  
100 Midland Avenue, Unit 270  
Glenwood Springs, CO 81601



- COMMUNITY SERVED
- THRIFT STORE



## PERSONAL IMPACTS

"Thanks to LIFT-UP, our family doesn't have to go without enough food."

"LIFT-UP is an **agent for change** in our community and I'm so thankful to be a part of it."

Help us in the fight to end food insecurity in our community.

## HOW CAN YOU HELP?

- Donate Online
- Host a Food Drive
- Volunteer
- Follow us on social media and share our story



Scan this QR code to learn more about LIFT-UP and how you can get involved!